MBAC – Work-Related Injuries

Directions to Sharp Rees-Stealy

**DRIVING:** Take I-8 going East. Take exit 14B for La Mesa Blvd. toward Grossmont Center Dr. Use any lane to turn left onto La Mesa Blvd. Continue on to Grossmont Center Dr. Turn right on to Healthcare Drive. Turn right at Stop sign. Parking Structure will be on your right.

**PARKING:** Park in Parking Structure 1. Floors 3 through 5 are for patients. Take your parking ticket in to the doctor office with you. They will validate it.

**OFFICE LOCATION:** Using stairs or elevator, go to Floor 2. Cross the bridge to the office building (to the right) and enter. Take the elevator to Floor 6. The office building is down the hallway. To the left, you will see room 602 – to the right look for room 601. **Enter room 601.** When checking in at the front desk, **please tell them you work for Associated Students of SDSU** (not your department name).

**BUSINESS HOURS:**
Sharp Rees-Stealy La Mesa Occupational Medicine
5525 Grossmont Center Drive, Suite 602
La Mesa, CA 91942
8 a.m. to 5 p.m., Monday-Friday
619-644-6600

**AFTER HOURS:**
Pacific Beach Urgent Care
4490 Fanuel Street
San Diego, CA  92109
Telephone: 858-274-9116
Saturday, Sunday and all Holidays 8:00 A.M. to 4:00 P.M.
(Must arrive no later than 3:45p.m.)
Directions:
From SANTA CLARA PL turn RIGHT on MISSION BLVD.
Turn RIGHT on GRAND AVE.  Turn LEFT on FANUEL ST.

* Sharp Rees-Stealy La Mesa Occupational Medicine
  Urgent Care Center (1st Floor)
  5525 Grossmont Center Drive
  La Mesa, CA 91942
  5 p.m. to 8 p.m., Monday-Friday
  8 a.m. to 8 p.m., Weekends and holidays
  619-644-6625
Directions: See “Directions to Sharp Rees-Stealy” above
EXTENDED AFTER HOURS:
Scripps Memorial Hospital La Jolla
9888 Genesee Ave.
San Diego, CA  92037
858-626-4123
Open 24 hours – 7 days a week
Directions:
From SANTA CLARA PL turn RIGHT onto MISSION BLVD.  Turn RIGHT onto GRAND
AVE (1.2 miles).  Turn slight LEFT onto BALBOA AVE (0.5 miles).  Turn LEFT onto
MISSION BAY DR (0.2 miles).  Merge onto I-5 NORTH (5.5 miles).  Take the GENESEE AVE
EAST and turn RIGHT onto GENNESE AVE.  Go to the FIRST traffic light and turn RIGHT
onto Scripps La Jolla Hospital grounds.  Turn RIGHT at the first stop sign and follow the signs
to the emergency room behind the main hospital.

Alvarado Hospital Emergency Room
6655 Alvarado Road
619-287-3270
Open 24 hours – 7 days a week
Directions:
I-8 East. Exit College Avenue.
Left on Alvarado Road