



SDSU Children's Center Nutritional Meal Pattern






INFANTS: 4 through 7 months

BREAKFAST

 and 

0-3 tbsp. Infant Cereal 4-8 oz. Breast Milk or Formula

LUNCH

 and  and 

0-3 tbsp. Infant Cereal 4-8 oz. Breast Milk or Formula 0-3 tbsp. Fruit and/or Vegetable

SNACK



4-6 oz. Breast Milk or Formula